

MATAWAN RECREATION

is pleased to announce FREE Yoga

At Lake Lefferts



Instructors from Matawan's Yoga Suite & Barre to lead an outdoors Yoga Class every Saturday morning from 8:30am - 9:45am during the summer. Please bring your yoga mat. Yoga mats will also be available for purchase onsite.

Classes: 7/1, 7/8, 7/15, 7/22, 7/29, 8/5, 8/12, 8/19, 8/26

There is a one-time \$25 registration fee payable to the Borough of Matawan. You must register with the Matawan Recreation Department.

Any questions, please call 732.566.3898 x130

