

**Chair Yoga & Strength Class**  
**Yearly Fee 2020 - \$75.00**  
**Winter, Summer, Fall**  
**Winter classes listed**  
**Please provide email for**  
**updated class series dates**

Name \_\_\_\_\_

Address \_\_\_\_\_

Email & Phone \_\_\_\_\_

Registration Fee \$75.00      Cash      Check Number (payable to Borough of Matawan) \_\_\_\_\_

**Winter Classes Tuesdays for Chair**

1/7/2020- 4/21/2020 @ 10:00AM – 11:00AM at Community Center

January (7, 14, 21, 28)  
February (4, 11, 18, 25)  
March (3, 10, 17, 24, 31)  
April (7, 14, 21)

**Winter Classes Wednesdays for Strength**

1/8/2020- 4/22/2020 @ 11:00AM – 11:45AM at Community Center

January (8, 15, 22, 29)  
February (5, 12, 19, 26)  
March (4, 11, 18, 25)  
April (1, 8, 15, 22)

